



# DECEMBER 2015 TIPS AND TRICKS: *Depression*

## DID YOU KNOW?

- Depression is associated with poor adherence to medication across a range of chronic diseases. The estimated odds of a depressed patient being non-adherent are 1.76 times the odds of a non-depressed patient.<sup>1</sup>
- The American Geriatrics Society (Beers Criteria) recommends against the use of tricyclic antidepressants amitriptyline, amoxapine, clomipramine, desipramine, imipramine, nortriptyline, protriptyline, trimipramine, doxepin (>6 mg) and the SSRI paroxetine in the elderly, due to their strong anticholinergic properties.

## NEW FOR ICD-10:

- Diagnostic statements of “depression,” “depressive disorder” or “major depression” without further specification all code to ‘Major depressive disorder, single episode, unspecified’, which does not risk adjust.

## EXAMPLES (green font indicates code risk adjust):

Diagnostic Statement	ICD-9 code was:	ICD-10 code is:	Difference in RAF?
<i>Depression</i>	311	F32.9	No
<i>Major depression</i>	<b>296.20</b>	F32.9	Yes – F32.9 does not risk adjust
<i>Major depression, recurrent</i>	<b>296.30</b>	<b>F33.9</b>	No
<i>Major depression, single episode</i>	<b>296.20</b>	F32.9	Yes – F32.9 does not risk adjust
<i>Major depression, single episode, severe</i>	<b>296.23</b>	<b>F32.2</b>	No
<i>Bipolar disorder, current episode depressed, mild</i>	<b>296.51</b>	<b>F31.31</b>	No

## ICD-10: FIRST THREE CHARACTERS

### INDICATE CODE CATEGORIES:

- F32 = Major depressive disorder, single episode
- F33 = Major depressive disorder, recurrent
- F31 = Bipolar disorder

### FOURTH CHARACTER IS ASSIGNED IN ACCORDANCE WITH DEGREE OF SEVERITY:

- Major depressive disorder, recurrent, mild .....F33.0
- Major depressive disorder, recurrent, moderate.....F33.1
- Major depressive disorder, recurrent, severe without psychotic features .....F33.2
- Major depressive disorder, recurrent, severe with psychotic symptoms .....F33.3

Remission status is also represented by the fourth character, and sometimes a fifth.

## DOCUMENTATION CONSIDERATIONS:

Specify:

- Type (recurrent/single episode)
- Severity (mild/moderate/severe, with/without psychotic features)
- OR remission status (partial remission/full remission)

Document any treatment(s) as appropriate, whether pharmacologic, behavior therapy or other. Also note treatment refusal, if applicable.

### EXAMPLE DIAGNOSTIC STATEMENTS:

- Recurrent severe major depression with psychotic symptoms (F33.3)
- Major depression, single episode, in full remission (F32.5)

## QUALITY REPORTING:

**Achieve PQRS compliance with these codes when appropriate (codes for pts 12 years & older, not an exhaustive list):**

- G0444 Annual depression screening, 15 minutes
- G8431 Screening for clinical depression is documented as being positive and a follow-up plan is documented
- G8433 Screening for clinical depression not documented, documentation stating the patient is not eligible
- G8510 Screening for clinical depression is documented as negative, a follow-up plan is not required

1. *Depression and Medication Adherence in the Treatment of Chronic Diseases in the United States: A Meta-Analysis.* J Gen Intern Med. 2011 Oct; 26(10): 1175–1182. Published online 2011 May 1. doi: 10.1007/s11606-011-1704-y

This guide includes some common diagnostic statements and their associated ICD-9 and ICD-10 codes. It does NOT replace ICD-10-CM coding manuals, nor does it replace the training required by a certified medical coder. Any code submitted should be supported by the documentation. Coding guidelines should be referenced and the most specific code appropriate should be selected.